



# Child Care Resource and Referral Newsletter

Volume 11, Issue 1  
Fall 2008

## Don't Forget About T.E.A.C.H. MISSOURI

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MISSOURI  
CHILD CARE  
RESOURCE  
AND REFERRAL  
NETWORK

Child Care Resource & Referral  
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Springfield, MO 65804  
(417)887-3545 or (800)743-8497  
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T.E.A.C.H. Early Childhood® MISSOURI is an educational scholarship opportunity for early childhood providers in licensed centers and family or group child care homes. Based on the belief that Teacher Education And Compensation Helps, T.E.A.C.H. MISSOURI is part of a nationwide effort to increase quality in early childhood programs by increasing the educational qualifications of the teachers in the field.

Working directly with licensed early childhood programs, T.E.A.C.H. MISSOURI is rooted in four fundamental components: scholarship, education, compensation and commitment.

T.E.A.C.H. MISSOURI is working to serve all those providers in licensed childcare facilities who want to earn a CDA for college credit, AA/AAS or BA/BS in early childhood education or early childhood special education.

Any interested child care providers should contact T.E.A.C.H. MISSOURI directly or visit our web site at [www.moccrn.org/teach-mo.html](http://www.moccrn.org/teach-mo.html). On the site they will find:

- Complete information on the T.E.A.C.H. MISSOURI Scholarship project including eligibility criteria and background about the program.
- All three Levels of scholarship fully defined with applications available on-line for each.
- A form library that includes comprehensive Recipient and Sponsor Handbooks for the scholarship.
- An Educational Glossary containing terms and web sites for all things related to early childhood education. Please feel free to email us any terms you find missing or any updated information you think should be included in the Glossary too.
- The *Directory of Early Childhood Certificate and Degree Programs at Missouri Colleges and Universities* lists all public and private colleges and universities that offer early childhood classes and degrees in the state.
- An extensive list of other Financial Resources can be found on the site. We encourage students to get as many other scholarships as possible with T.E.A.C.H. MISSOURI "wrapping around" outside scholarship sources to provide more services for the student.

Unfortunately, the only provider population for which there are no current funds are those individuals working at Head Start and Early Head Start centers. These providers should review the Financial Resources section of the web site for other possible sources of scholarships.

For more information, contact Beth Ann Lang, T.E.A.C.H. MISSOURI Scholarship Project Coordinator at 314-535-2020 or 800-200-9017ext 604, or via e-mail at [Moteach@moccrn.org](mailto:Moteach@moccrn.org)



Early Childhood®  
Missouri

## Just for Parents...

### Grants Available for Families Struggling with Child Health-Related Expenses

The United Healthcare Children's Foundation (UHCCF) has announced that new grants are available to help children who need critical health care treatment, services, or equipment not covered or not fully covered by their parent's health benefits plans.

UHCCF provides grants to families to help pay for child health care services such as speech therapy,

physical therapy, occupational therapy sessions, prescriptions, and medical equipment such as wheelchairs, orthotics, and eye-glasses.

Parents and legal guardians may apply for grants of up to \$5,000 each for child medical services and equipment by completing an on-line application at the UHCCF website (<http://uhccf.org/>).

To be eligible for a grant, children must be 16 years of age or younger. Families must meet economic guidelines, reside in the United States, and be covered by a commercial health benefit plan.



## Congratulations Vacancy Update Winners!!

Call us each month and let us know if you have any vacancies!

We'll enter the name of each provider who calls with vacancies in a drawing that will be held on the last weekday of the month!

Call (417) 887-3545 or (800) 743-8497.

### May Winner:

University Child Care Center

### June Winner:

Clearview Daycare & Preschool

### July Winner:

Jamie Jones

### August Winner:

Stephanie Moody



## Director's Cut– Where Can You Find Approved Clock Hour Training

The Missouri Child Care Resource and Referral Network (MOCCRRN) offers a convenient way to search for training available on a variety of early childhood topics. An individual can search for training by date, subject, or zip code. The Department of Health and Senior Services, Section for Child Care Regulation has approved all training offered on this training calendar. To find training in your area, visit the website to your local Child Care Resource and Referral agency at [www.ccochildcare.org](http://www.ccochildcare.org)

## Recall Information

The U.S. Consumer Product Safety Commission has announced a voluntary recall of the Yellow Sure Grip Paint Brushes. Consumers should stop using recalled products immediately unless otherwise instructed. Surface paint on the handle of the yellow paint brushes contains excessive levels of lead, violating the federal lead paint standard. The paint brushes were sold in multi-color packages of four. Only the yellow brushes are included in the recall. The paint brushes have a rounded cylinder body with tan bristle tip brushes and measure about 4 inches in height.

The brushes were sold by Early Childhood Resource distributors, including teacher supply stores nationwide from

**For more Recalls, visit [www.cpsc.gov](http://www.cpsc.gov)**

May 2007 through December 2007 for about \$4. For additional information, contact Early Childhood Resources (888) 227-9028 between 8 a.m. and 5 p.m. ET, or visit the firm's Web site at [www.ecr4kids.com](http://www.ecr4kids.com)




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## Inclusion Corner: Don't Overdo the Time-Outs

**Source: Diana Milne, University of Missouri Extension- Human Development Specialist**

Many parents and child-care providers use time-outs to guide and direct a misbehaving child. "A time-out can be effective with children, but it doesn't work equally well with all children and it doesn't work every time you use it," said Diana Milne, University of Missouri Extension human development specialist. "Time-outs are most effective if implemented before a child's behavior gets totally out of control," Milne said. Used effectively, time-outs teach kids that there are consequences for their misbehavior without giving them the negative attention that comes with yelling or other techniques. Perhaps you've never used time-outs with children or you've tried this technique but haven't seen positive results. Consider these guidelines from the newsletter *Work and Family Life*:

- Use time-outs sparingly. Don't try it when your child is throwing a tantrum and don't use time-outs all the time.
- Remember the one-minute rule. Put the child in time-out for one minute per year of a child's life. For example, a 2-year-old would have a 2-minute time-out.
- Start a time-out as soon as you see the behavior occur.
- Be kind but firm. Briefly tell the child what he or she did wrong and explain acceptable behavior.
- Find a good area for time-outs. The time-out area should be a quiet space away from the TV, computer and any major activity. You should be able to easily observe the child from a distance during the time-out period.
- Use time-out props to formalize the time-out. For example, you may want to set a timer for the time-out period.
- When the time-out is over, let your child know that he or she can leave the time-out area. Tell the child that you appreciate that he or she followed the rules by staying quietly in the time-out area for the set amount of time.

The ultimate goal of discipline is for children to learn to handle their own emotions and behaviors in positive, responsible ways. Make sure your discipline techniques are realistic, age-appropriate and help children know what you expect. Remember to focus on telling children what they can do instead of reacting in anger and frustration to their misbehavior.

For more suggestions, see the MU Extension guide "Positive Discipline and Child Guidance" (GH6119) at <http://extension.missouri.edu/xplor/hesguide/humanrel/gh6119.htm>.

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## CCRR Welcome New Staff

CCRR is excited to announce two new staff members. Sherri Eldred who was recently hired on as an Early Childhood Specialist will be working full time with the Accreditation Project. Amy Cochran was also recently hired as an Early Childhood Specialist and will be working with us part time. Amy will be working with the Accreditation Project, as well as, our Quality

Technical Assistance program and Strengthening Families Initiatives. Both Amy and Sherri come to CCRR with knowledge and experience and we know they will be a great asset to the providers working with us. See page 6 for their contact information.

**Welcome aboard Sherri and Amy!**

### CEUs Now Available!

CCRR is excited to announce that providers can now earn Continuing Education Units (CEUs) with all CCOT, PACE and Child Care Plus trainings. This has been made possible through a collaboration effort with Southeast Missouri State University (SEMO). There will be an additional fee of \$15 per CEU that will be paid to SEMO. CCRR will place CEU information on each training flier, as well as, the online training calendar. For more information you can call our office at 417-887-3545 or 800-743-8497 X213 or by email at [kgillman@ccochildcare.org](mailto:kgillman@ccochildcare.org).

## What You Need to Know About Missouri's Quality Rating System

Missouri is moving forward with a Quality Rating System that will rate early childhood and school-age programs from one to five stars based on quality. Missouri's QRS will provide families with an additional method to choose quality child care, it will provide legislators and community partners with an accountability mechanism, and it will give professionals a comprehensive assessment of their program with clearly identified strengths and areas of improvement. A series of meetings is being held across the state in December to provide the

latest information about Missouri's Quality Rating System (QRS)! These meetings are in preparation for the next legislative session as we expect bills to be filed in both the Senate and the House. During these meetings, we will take an in depth look at the QRS state-approved models and discuss how program staff can prepare for future participation in QRS.

**What:** "What You Need to Know About Missouri's Quality Rating System" (2 training hours awarded in Program Planning and Development)

**Where:** Council of Churches, 627 N. Glenstone, Springfield, MO

**When:** Thursday, December 11<sup>th</sup> from 6:30-8:30pm

**Who:** Presented by Kathy Thornburg, Center for Family Policy & Research

Registration is free and there is no need to RSVP. For more information, contact the OPEN Initiative at the Center for Family Policy & Research at 877-782-0185.

## Within My Reach

**Submitted By: Karen James, RN - Springfield-Greene County Health Dept.**

Cute only goes so far. When it comes to romance, do you need some help making better decisions? Healthy romance is good for you, and it's good for your children, too. WITHIN MY REACH will give you the tools you need to choose future partners wisely, set realistic life goals and help with effective communication and problem solving. The free seminar is in Springfield on Saturday, Nov. 1, from 9

am to 5:30 pm. Breakfast and lunch will be provided at no charge. Childcare providers will receive 3 clock hours for attending the entire seminar. Flu shots will be available at no charge at the close of the class. Call Karen with the Springfield-Greene Co Health Department at 417-864-1687 for more details.

### CCRR is Going Green!!

Along with recycling in our office, we are also looking at ways to cut down on our paper usage. In the near future, CCRR will be distributing the newsletter via e-mail. This will help the environment and will cut printing and mailing costs. We need your help though! Please contact us with your program's e-mail address so we can begin adding that information to our database. You can call us with your information at 887-3545. If you get the voicemail system just leave your information in a message **or** you can e-mail your request to [scamp@ccochildcare.org](mailto:scamp@ccochildcare.org)

**Thanks for helping us go green!!!**

## SAVE THE DATE - SAVE THE DATE - SAVE THE DATE

**September 19-21, 2008:** Trail Ride for Hope- Benefiting Child Care Resource and Referral and Therapeutic Riding of the Ozarks. The ride will take part at the Bar-K in the Mark Twain National Forest. Fees are \$30 per rider or \$60 per family. For more details, contact Kent Crumpley at (417)862-3586.

**September 25, 2008:** Abuse and Domestic Violence Conference, with keynote speaker, Marilyn Van Derbur (former Miss America). This conference will target domestic violence and childhood sexual violence. For more details, contact Anna Phillips, Alliance Community Coordinator at (417)782-9899.

**October 18, 2008:** 6th Annual Southwest Missouri Child Care Provider Health Conference; 7:45a.m.-12:30p.m. at Ozarks Technical Community College- Information Commons West Auditorium: 1001 E. Brower in Springfield. Various health screenings and training topics available. For more details, contact Child Care Resource and Referral at (417)887-3545 or 1-800-743-8497.

**November 13 & 14, 2008:** Early Childhood Summit at Holiday Inn Select Executive Conference Center in Columbia, MO. This conference is a partnership between the Association for the Education of Young Children (AEYC)- Missouri (MO) and the Missouri Head Start Association. For more details, contact donnas Veatch at (816)537-7801 or [donnaveatchgroup@comcast.net](mailto:donnaveatchgroup@comcast.net).

### Being Prepared Saves Lives

**Submitted By: Phyllis Key, CCHC, BSN, RN- Springfield Greene County Health Dept.**

Springfield Greene County Health Department believes that all child care facilities should have a disaster plan in place. Being prepared saves lives! If you already have an emergency plan for your facility, share the information with the families you serve. Make sure that you have current information and phone numbers from each family. Practice emergency fire, tornado drills, and other possible scenarios with children. When a disaster happens, they (children) will be less fearful if prepared for emergency situations. Each child should have a ready to go bag kept at the facility that includes a three day supply of necessities



When a disaster happens, they (children) will be less fearful if prepared for emergency situations.

such as medication, clothing, and a picture of their family. Include a comfort item for the child such as a favorite toy, book, or soft blanket. Parents should also have a disaster plan for their family.

The Missouri Department of Health and Senior Services

Center for Emergency Response and Ter-

rorism has developed **Ready in 3**. The three steps to prepare for an emergency are: Create a plan, prepare an emergency kit, and listen for information about what to do and where to go during an emergency. City, county, and state officials have developed

emergency plans. During an emergency, it is important to follow their instructions and advice.

Planning for Emergencies: Three Steps to be Prepared (A Family Safety Guide) can be found on the following web site:

[http://www.dhss.mo.gov/Ready\\_in\\_3/](http://www.dhss.mo.gov/Ready_in_3/)

This web site includes multiple materials for child care providers and families. If you do not have access to a computer, please contact Phyllis Key CCHC, BSN, RN at 417-864-1496. If you need assistance developing an emergency plan, child care health consultants can assist you in developing a safety plan for your facility or home.

## Meet the CCRR Staff

Call us anytime with questions or to get the latest information on quality child care

(417)887-3545 OR (800)743-8497

Nicole Piper (Director)- ext. 214

Kim Gillman (Training Coordinator) ext. 213

Sarah Camp (Referral Coordinator) ext. 215

Sherri Eldred (Early Childhood Specialist) ext. 218

Sara Potter (Referral Specialist) ext. 210

Tina Bell (Early Childhood Assistant) ext. 217

Amy Cochran (Early Childhood Specialist) ext. 211

*"Good Beginnings Last A Lifetime-  
Make a Smart Child Care Choice"*

Visit us on the web:

[www.ccochildcare.org](http://www.ccochildcare.org)

CCRR is an equal opportunity/affirmative action employer. Services are provided on a nondiscriminatory basis. An Operating Agency of the Council of Churches of the Ozarks. Member of the Missouri Child Care Resource and Referral Network. Funding provided by the Missouri Department of Social Services, Children's Division, Early Childhood and Prevention Services Section, in conjunction with the Department of Health and Senior Services, Division of Regulation and Licensure, Section for Child Care Regulation (c307034001).